



endourage®

FORMULA C

Frequently Asked Questions (FAQ)

For Clinicians Only

Learn about the Endocannabinoid System in the context of Formula C published research + clinical training: Link: www.endourage.com/cliniciantraining

What is Formula C?

Formula C is a therapeutic taken sublingually that was developed and researched to address the leading symptoms of Long COVID. Symptoms that were studied include anxiety, depression, fatigue, sleep disturbance, pain, dyspnea, cognitive function, participation in social activity and satisfaction with social activity.

Where does Formula C come from?

Formula C was created by a biotech firm called Endourage specifically for Long COVID research. Formula C was tested for safety and efficacy in an IRB-approved Phase 4 Long COVID Human Trial. The trial is posted on www.clinicaltrials.gov, and published in a peer-reviewed journal.

Does Formula C help Long COVID patients?

The trial showed Formula C improved 9 of 9 symptoms the first 28 days of the trial and improved 8 of 9 symptoms through 56 days (the 9th symptom of pain was not an issue for participants in the last 4 weeks).

The trial showed Formula C is safe.

No significant adverse effects occurred.

Participants reported their quality of life improved using a Patient Global Impression of Change (PGIC) scale. Clinicians at hospitals and clinics recommending Formula C for Long COVID in 2023 report their observations are consistent with the published research findings.

What does Formula C do?

It targets the Endocannabinoid System, which regulates homeostasis at the cellular level throughout the body by producing human cannabinoids.

Research suggests that Long COVID symptoms are due in part to an impaired Endocannabinoid System. Formula C introduces a specific formulation of plant cannabinoids, called phytocannabinoids, that uniquely support the stressed Endocannabinoid System.

Is Formula C a prescription drug?

No, Formula C is a 100% natural, hemp-derived therapeutic that may be obtained without a prescription.

What are the active ingredients in Formula C?

Formula C is a therapeutic derived from hemp, which contains ~400 phytocannabinoids spanning cannabinoids, flavonoids and terpenes. Active ingredients are listed on the Formula C label, including beta-caryophyllene, cannabigerol, cannabidiol, myrcene, and less than .3% delta-9 tetrahydrocannabinol.

Does Formula C have significant adverse effects?

No significant adverse effects have been reported by clinicians or clinical trial researchers. Mild-modest grogginess has resolved by lowering the dose. Formula C is not habit forming, nor is it intoxicating.

Can anyone with Long COVID symptoms take Formula C?

As Formula C has only been studied in adults, it is only recommended for adult use. People that work for employers with incompatible policies where phytocannabinoids are concerned should resolve with employers before use.

Why are we hearing about Formula C now?

The research was completed and published in 2022, and 2023 was spent with specific Post Covid Care Center physicians evaluating Formula C to prepare for broader 2024 launch.

Does Formula C work for everyone?

It works for most people, but not all. Published research and clinician observations show it is safe for all, effective for many, and brings no significant adverse side effects.

How is Formula C dosed?

General dosing instructions are included with each shipment of Formula C.

Is Formula C covered by insurance plans?

Formula C is covered by many Health Savings Accounts (HSA's) and Flexible Savings Accounts (FSA's). In some cases, a physicians note has been requested for reimbursement. Consumers referred by ProMedView will receive instructions about how to receive discount pricing.

What about allergies?

Those allergic to coconut or hemp should not take Formula C.

Why is there a breastfeeding and pregnancy warning on the label?

Formula C was researched with adults only who were not pregnant or breastfeeding, therefore it is only recommended for adults who are not breastfeeding or pregnant, until further research is able to advise otherwise.

Why is there a California www.P65warnings.ca.gov notice on the label?

To comply with a California-Only State Regulation pertaining to disclosure of activities or product categories that may result in some exposure to any of more than 900 chemicals on a

regulated list. Delta 9 tetrahydrocannabinol is listed and found in full-spectrum hemp in safe, non-intoxicating trace amounts (<3%) in complete compliance with the 2018 U.S. Farm Bill.

Should Formula C be kept in a dim, cool place?

Yes, most clinicians and patrons store Formula C in the refrigerator ideally, or at room temperature in a dim place (e.g. cabinet, drawer, cupboard, pantry). Heat degrades Formula C. Patrons living in a warm climate will want to retrieve Formula C from the mailbox or doorstep promptly when it arrives.

How is Formula C taken?

Place the Formula C dropper under tongue and expunge Formula C. Remove empty dropper from tongue. Let Formula C sit under the tongue for 60-90 seconds. Keep mouth closed and tongue relaxed on bottom of mouth while Formula C is absorbed into the blood stream under the tongue. Avoid swallowing Formula C, as the digestive system will destroy most of Formula C before it is introduced to the blood stream. Swallowing Formula C is safe.

For more information, clinicians may contact info@endourage.com